



Referential Process Meetings

Clinical explorations: Correlating patterns of arousal, symbolization, and reflection with clinical progress

Charles M. Jaffe MD

June 7th, 2026, 10.00 am - 11.30 pm (NYC time)

[Click here to join the meeting](#)

As a clinician, I am interested in the evolution of the Referential Process measures of arousal, symbolization, and reflection/reorganization within a session and over the course of treatment. How do these indicators of psychotherapy process form and change patterns over time? How might the change correlate with therapeutic progress and outcome?

This workshop aims to present my ongoing effort to address these clinical questions. The presentation addresses the challenges of using DAAP and the potential of the measures for deeper insight into clinical process.

Bio: Charles M Jaffe MD is a co-investigator in the Referential Process Project. Training and Supervising Analyst, Chicago Psychoanalytic Institute. Assistant Professor of Psychiatry (retired) Rush University Medical Center. Winner of the 2026 JAPA prize for the paper: Jaffe, C., Bucci, W., Maskit, B, Murphy, S. (2024). Clinical and Research Perspectives on the Therapeutic Conversation: The Case of Ms. M. Journal of the American Psychoanalytic Association. 72(6). pp. 911-952.